

IMPAIRED PHYSICAL THERAPY PRACTITIONERS COMMITTEE

A confidential service of the Kentucky Board of Physical Therapy



What is IPTPC?

In 2000, the Kentucky State Legislature established the Impaired Physical Therapy Practitioners Committee (IPTPC) to meet the needs of physical therapy practitioners whose ability to practice may be compromised by mental health, chemical dependency or abuse.

IPTPC recognizes that physical therapy practitioners are unique individuals who have dedicated their adult lives to helping others recover from physical impairments and injuries. We believe that no PT or PTA should lose a job or license due to substance abuse or mental health struggles.

IPTPC provides confidential, non-disciplinary support for physical therapy professionals facing substance use and mental health concerns. The program offers encouragement, treatment referral, and recovery support with compassion and dignity. The program emphasizes hope and is administered with compassion, concern, and with the dignity of the individual in mind.

Who's Eligible?

A physical therapist or physical therapist assistant may access the program by self-referral, board referral, or referral from another person or agency, such as an employer, coworker, or family member. Admission to the IPTPC program is also available to individuals who meet the requirements listed below:

- Physical therapists or physical therapist assistants credentialed by the Kentucky Board of Physical Therapy or an applicant for credentialing;
- Request participation in the program regardless of whether referred by the Board, self, or another person;
- Obtain a chemical dependency assessment, which includes a complete physical and psychosocial evaluation performed by a licensed or certified medical or psychological specialist in the field of drug, alcohol, or other chemical dependency;
- May have attended treatment with an approved provider; and
- Agree to the terms set forth in the agreement.

Burnout and Mental Health

Burnout and mental health challenges can affect focus, communication, and consistency of care. When providers are struggling, patients may experience delays, less personalized care, or reduced continuity. Supporting clinician wellness helps support better patient care

THE DISEASE

Chemical dependency is a chronic, progressive disease characterized by the use of chemicals in spite of adverse consequences in one's life. Healthcare professionals often buy into the myth that they should be able to handle their chemical dependency. However, the hard truth is that not recognizing or dealing with chemical dependency only exacerbates the problem. What may seem a tremendous burden to one person can become lighter when shared. The first step in recovery is admitting there is a problem. It is not easy; yet, once we take that first step, we begin the process of recovery. There is hope.

Our Services

IPTPC offers confidential, non-disciplinary support for physical therapy practitioners facing substance use or mental health concerns.

- Assistance with identification, assessment, and referral to approved treatment providers
- Monitoring participant's compliance during recovery and continued physical therapy practice
- Educate therapists, assistants, employers, and other groups about the program
- Provide encouragement and support to ensure participants meet or exceed the generally accepted level of services in the practice of physical therapy

Many practitioners hesitate to seek help or report concerns because of the stigma that can come with substance use or mental health struggles. Our goal is not to remove practitioners from practice, but to support their recovery, promote wellness, and help them return to safe, effective care. Through confidential, compassionate assistance, IPTPC focuses on getting the practitioner better while protecting patients and preserving professional dignity.

To obtain further information or to make a confidential referral, call or email:

Emily at 502-230-8442 or emily@kyprn.com

Brian at 502-262-9342 or kyprn@att.net

Requests for information and/or assistance are strictly confidential. All records of program participants are confidential. Participation in the IPTPC program is voluntary and remains anonymous to the Kentucky Board of Physical Therapy as long as the participant is compliant with the terms of the program agreement.

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